

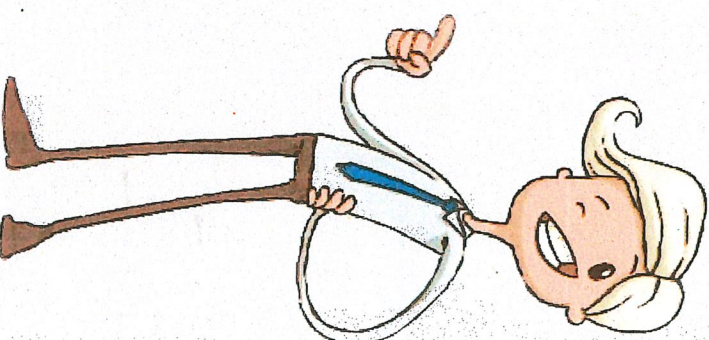
Donemana PS

Winter Menu 2019/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 4th Nov 2nd Dec 30th Dec 27th Jan 25/4th Feb 23rd Mar	Chicken Curry & Rice Salmon Fish Cakes Peas / Salad, Pasta Mash Potato, Gravy Sandwiches Flakemeal Biscuits/Fruit Custard (RMF)	HM Chicken Goujons Wraps / Panini / Wraps Herb Dice / Mashed Potatoes Green beans, Salad Sandwiches Semolina/fruit Crackers & Cheese (RMF)	Burger and Bap Macaroin cheese HM Potato Wedges, Salad Carrots, Mash Potatoes, Gravy Fruit Salad/Artic Roll (H)	Spagheti Bolognaise Savoury Pizza Salad, Broccoli, Carrots Mash Potato, Pasta Fruit Muffin / Fruit Custard (H)	Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Chips / Mashed Potatoes Decorated Sponge / Fruit Custard
Week Two 11th Nov 9th Dec 6th Jan 3rd Feb 2nd Mar 30th Mar	Sausages Chicken Curry & Rice Baked Beans / Broccoli Oven Dice/Baby Boiled Potato Salad Rice Pudding & Fruit Cheese & Biscuits (RMF)	Pizza Cottage Pie / Mince & Gravy Mix Veg, Salad, Mash Potato / Baked Potato Sandwiches Decorated Mousse Fruit/Ice Cream (H)	Roast Gammon Dinner Stuffing & Gravy / Salad Dry Oven Roast / Mash potato Carrots / Cabbage Soup & Sandwiches Wholmeal Biscuits Fruit Custard (H)	Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce, Salad HM Wedges Mashed Potatoes Fruit Muffin/FruitCustard (RMF)	Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potatoes Fruit Sponge/FruitCustard
Week Three 18th Nov 16th Dec 13th Jan 10th Feb 9th Mar 6th Apr	Spagheti Bolognaise Oven Baked Chicken Nuggets Carrots / salad Baby Boiled / Mashed Potatoes Fruit Cookies & Custard Fruit	Filled Baguettes / Paninis Oven Baked Beef Burgers & Onion Gravy Peas / Sweetcorn Herb Dice / Mashed Potato/Salad Fruit/Ice Cream/Jelly (H)	Roast Chicken/Turkey Stuffing & Gravy Dry Oven Roast / Carrots Cabbage, Mashed Potatoes Soup & Sandwiches Salad Fruit Sponge/FruitCustard (RMF) (H)	Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Baked / MashPotatoes Sandwiches, Fruit Salad/ Yoghurt Custard (RMF)	Hot Dogs Lasagne Baked Beans / Carrots Tossed salad / Coleslaw Chips / Mashed Potatoes Wholmeal Biscuits Fruit/Custard
Week Four 25th Nov 23rd Dec 20th Jan 17th Feb 16th Mar	Oven Baked Fish Savoury Pizza Green Beans / Mixed Vegetables Salad HM Wedges Mashed Potatoes, Pasta Fruit Sponge/FruitCustard (RMF)	Oven Baked Sausages Cottage Pie / Mince & Gravy Broccoli / Carrots Mashed Potato, Patsa Sandwiches Rice Pudding/Fruit Frozen Yoghurt/Fruit	Bacon Stew Mash Potato, Baked Potato Cabbage, Carrots, Pasta Salad Fruit Crumble/Sponge FruitCustard (H)	Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes / Salad Fruit Muffins/FruitCustard (H)	Home Made Chicken Goujons Pasta Bake Baked Beans / Peas & Sweetcorn Salad Chips / Mashed Potato Flakemeal Biscuits/Fruit Custard (RMF)

try something new to

day



If you require any additional information on allergens or special diet please contact the school in the first instance

Bread, salad, fruit, yoghurt, milk and water

School food
try something new today
www.schoolfoodni.com