

# Summer Menu 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Spaghett Bolognaise Savoury Pizza Diced Carrots / Gravy Mashed Potatoes Wholemeal Shortbread Biscuit Fruit & Custard (H)	Chicken Curry & Rice Naan Bread Oven Baked Fish Mashed & Baked Potatoes Peas & Sweetcorn Fruit Sponge Fruit & Custard (RMF)	Baked Gammon Stuffing & Gravy Dry Oven Roast /Mashed Potatoes Cabbage / Carrots Artic Roll Fruit Salad (H)	Oven Baked Sausages Chicken & Pasta Bake Baked Beans / Broccoli Mashed & Baked Potatoes Gravy Fruit Queen Cake Fruit Juice (RMF)	H/M Beef Burger & Bap Chicken Nuggets Baby Boiled Potatoes / Chips Mixed Vegetables Chocolate Sponge Fruit & Custard
<b>Week Two</b>	Cottage Pie Oven Baked Fish Diced Carrots / Gravy Mashed / Baked Potatoes	H/M Beef Burger Chicken Curry & Rice Naan Bread Broccoli / Gravy Mashed & Baby Potatoes Apple Sponge & Custard (H)	Roast Meat Stuffing & Gravy Dry Oven Roast Mashed Potatoes Baton Carrots / Cabbage Flakemeal Biscuit / Fruit Custard	Hot Dog Pasta Bake Peas Mashed / Herb Diced Potatoes Date Cookies / Fruit Custard (RMF)	Cheese & Tomato Pizza H/M Chicken Goujons Mashed Potatoes / Chips Baked Beans / Mixed Vegetables Ice - cream Tubs Fruit
<b>Week Three</b>	Salmon Fish Cakes or Fish Fingers Chicken Tika & Rice Naan Bread / Peas Mashed& Baby Boiled Potatoes Fruit Muffins Fruit & Custard (RMF)	Oven Baked Sausages Beef Lasagne Mashed / Baked Potatoes Baked Beans / Broccoli Gravy Wholemeal Shortbread Biscuits Fruit & Custard	Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots / Gravy Fruit Jelly Fruit & Custard (RMF) (H)	Hot Chicken Baguettes Beef Burger & Bap Mashed & Herb Diced Potatoes Mixed Vegetables Ice-cream & Fruit Chocolate sauce (H)	Stuffed Bacon Rolls Cheese & Tomato Pizza Mashed Potatoes / Chips Sweetcorn / Gravy Rice Pudding Fruit / Frozen Mousse
<b>Week Four</b>	Oven Baked Fish Chicken Curry & Rice Naan Bread / Peas Mashed / Baked Potatoes	Cottage Pie Chicken Goujons Mashed Potatoes Baked Beans / Broccoli Gravy Flakemeal Biscuit / Fruit Custard	Roast Meat Stuffing & Gravy Dry Oven Roast Mashed Potatoes Turnips / Carrots Fruit Crumble / Fruit Custard (H)	Lasagne Cheese & Tomato Pizza Mashed & Herb Diced Potatoes Mixed Vegetables Orange Cookies / Fruit Custard (H)	Chicken Tika Wraps Oven Baked Sausages Baby Boiled Potatoes / Chips Peas & Sweetcorn Decorated Sponge / Fruit Custard (RMF)
May 13th					
June 10th					
Sep 9th					
Oct 7th					

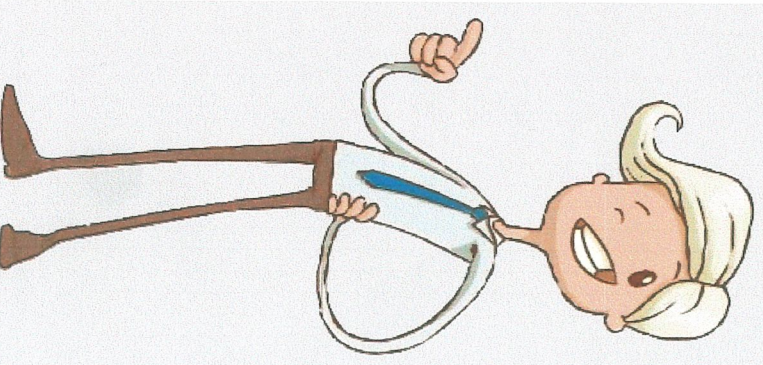
**School  
food**

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[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, salad, fruit,  
yoghurt, milk and water  
are available daily.

If you require any  
additional information on  
allergens or special diet  
please contact the school  
in the first instance



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