Donemana PS 2017

| | Week Four Sep 18th Oct 16th | Week Three Sep 11th Oct 9th | Week Two Sep 4th Oct 2nd Oct 30th | Week One Aug 28th Sep 25th Oct 23rd | |
|--|---|--|---|---|-----------|
| Frozen Yoghurt Fruit (RMF) | Oven Baked Fish Chicken Curry & Rice / Naan Bread / Peas Creamed / Baked Potatoes | Oven Baked Sausages Beef Lasagne Creamed / Baked Potatoes Baked Beans / Broccoli / Gravy / Wholemeal Shortbread Biscuits Fruit & Custard | Irish Stew Oven Baked Fish Diced Carrots / Gravy Creamed / Baked Potatoes Fruit Muffins / Fruit Custard | Spaghetti Bolognaise Savoury Pizza Diced Carrots / Gravy Creamed Potatoes Wholemeal Shortbread Biscuit Fruit & Custard (H) | Wonday |
| Flakemeal Biscuit / Fruit Custard | Cottage Pie Chicken Goujons Creamed Potatoes Baked Beans / Broccoli / Gravy | Salmon Fish Cakes / Fish Fingers Chicken Tikka & Rice / Naan Bread / Peas Creamed & Baby Boiled Poratoes Fruit Muffins Fruit & Custard (RMF) | H/M Beef Burger Chicken Curry & Rice / Naan Bread Broccoli / Gravy Creamed & Baby Boiled Potatoes Apple Sponge & Custard (H) | Chicken Curry & Rice / Naan Bread Oven Baked Fish Creamed & Baked Potatoes Peas & Sweetcorn Cracknel, Fruit & Custard (RMF) | Tuesday |
| Fruit Crumble / Fruit Custard (H) | Roast Beef Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Turnips / Carrots | Stuffed Bacon Rolls Cheese & Tomato Pizza Creamed Potatoes / Chips Sweetcorn / Gravy Rice Pudding Fruit / Frozen Mousse | Roast Loin of Pork Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Baton Carrots / Cabbage Flakemeal Biscuit / Fruit Custard (H) | Oven Baked Sausages Chicken & Pasta Bake Baked Beans / Broccoli Creamed & Baked Potatoes / Gravy Fruit Queen Cake Fruit Juice (RMF) | Wednesday |
| Orange Cookies / Fruit Custard (H) | Lasagne Cheese & Tomato Pizza Creamed & Herb Diced Potatoes Mixed Vegetables | Roast Chicken Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Cabbage / Carrots Fruit Jelly Fruit & Custard (RMF) (H) | Cheese & Tomato Pizza H/M Chicken Goujons Creamed Potatoes / Chips Baked Beans/Mixed Vegetables Ice - cream Wafers Fruit (RMF) | Baked Gammon Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Cabbage / Carrots Artic Roll Fruit Salad (H) | Thursday |
| Decorated Sponge / Fruit Custard (RMF) | Chicken Tikka Wraps Oven Baked Sausages Baby Boiled Potatoes / Chips Peas & Sweetcorn | Hot Chicken Baguettes Beef Burger & Bap Creamed & Herb Diced Potatoes Mixed Vegetables Ice-cream & Fruit Chocolate sauce (H) | Hot Dog Pasta Bake Peas Creamed / Herb Diced Potatoes Date Slice / Fruit Custard (RMF) | H/M Beef Burger & Bap BBQ Chicken Drumsticks Baby Boiled Potatoes / Chips Mixed Vegetables Chocolate Sponge Fruit & Custard | Friday |

try something New today www.schoolfoodni.com

Bread, Salad, Fruit, Yoghurt, Milk and Water are available daily.

If your require any additional information on allergeus or special diets please contact the school in the first instance.

