

# September



# 2020



Welcome back everyone! We hope all children have had a great first few days back at school and are getting used to the 'new normal'. All of the staff have been very impressed with how well the children have settled into their new classes and routines. Staff have also been making every effort to keep everyone safe.

We are extremely proud to welcome our youngest members of DPS, our Primary One pupils. They are settling in really well and we wish them lots of luck throughout their school journey!

We look forward to the academic year ahead and here's to lots of challenges and learning but most of all fun!

## **Packed Lunches**

Children's lunch boxes should be wipeable and cleaned every evening. They should contain at least one portion of:

**Bread, cereals or potatoes** e.g. wholemeal roll, pitta pocket, pasta

or rice salad

**Fruit and vegetables** e.g. Small box of raisins, an apple, carrot sticks.  
All grapes need to be sliced.

**Milk and dairy foods** e.g. Individual cheese portion, yogurt (healthy)

**Meat, fish and alternatives** e.g. Chicken, ham, tuna

Only 1 **small** treat item

**A drink** e.g. Water, milk, pure fruit juice (no added sugar), smoothie

## **Remember**

- ◇ Only water in water bottles
- ◇ Healthy breaks
- ◇ Fruit only Fridays
- ◇ Naughty Break first Friday of the month

There are some great tips and ideas on the Change4life website  
<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>



## **Sickness**

If your child is unwell and not attending school please telephone us on the first day of their sickness to let us know.

Anyone with symptoms of Covid-19 **MUST NOT ATTEND SCHOOL**, should have a test or self-isolate for 14 days and engage with the Test, Trace, Protect service.

If anyone in your household has symptoms you MUST NOTIFY SCHOOL ASAP.

These symptoms include

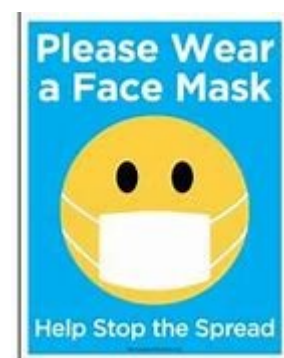
- A new continuous cough
- A high temperature/fever
- A loss of or change in your sense of smell or taste

Where a pupil displays gastrointestinal symptoms such as diarrhoea or vomiting they must not attend school until they have been symptom free for 2 days.

## **Social Distancing At Gate**

Thank you very much to everyone for using the yellow markers at the school gate. This really helps with social distancing requirements.

## **Face coverings**



Parents are asked to wear a face covering if they have made an appointment to meet a teacher. Parents are not permitted to enter the school building if they have not made an appointment.

## **Learning For The Month**

All classes will be focusing on health and well being, respiratory hygiene and revision of home learn-

ing.

## Checklist

We would encourage all parents and pupils to carry out a checklist of procedures before leaving the house in the morning and again when returning home. Please make sure your child's hands have been thoroughly washed and sanitised as well as continuing to reinforce the 'Catch it, bin it, kill it' routine. Also, when possible, we ask that you continue to monitor your child's temperature.



means lunch time can be shorter and a hot dinner can be provided to everyone every day.

The new dinner menu is available on our website.

Dinner money **MUST** be sent to the school office on a Monday **CLEARLY LABELLED** with your child's name and the days they will be eating dinner.

Bank transfers can be arranged to pay monthly for dinners—contact Mrs Hay directly to organise this.

wonderful children are happy and safe.

We appreciate your patience and understanding as we make our way along our journey to the 'new normal'.

## Electronic communication



Please note all communication from school will be electronic.

Please ensure you have downloaded the Schools NI App and have verified your contact details.

## School Office



Our school office will be closed on Tuesdays. You may leave a message on the

answer phone which will be responded to on Wednesdays. The phone will be manned for urgent enquiries only from 2.15pm onwards on Tuesdays.

## Home Time

We are delighted that our children have settled so well into school and so:

P3 home time will be 2.45/3pm from Monday 14th September.

P1 home time will be 2pm from Monday 21st September.

## Forms

If you have not yet completed a data collection form and photo permission form please do so as soon as possible. If you are having difficulty accessing these please email ghay546@c2kni.net.

## School Dinners

To ensure all children can access a hot dinner every day we have made some changes to our dinner times.

P1 (as they have the largest classroom) and P5/6 (as they are the smallest class) will now eat their school dinner or packed lunch in their classroom each day. This

## Thank you



We would like to thank everyone for their help and support as we reopen our school. We are working very hard to ensure school is as safe as it can be and that our